

DONALD L. RICHARDS COMMUNITY POOL

September 3- November 17

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	5:30 - 6:45 am	5:30 - 7:00 am	5:30 - 6:45 am	5:30 - 7:00 am	5:30 - 6:45 am	
6:00 - 10:00 am Lap Swim (6)	Masters	Lap Swim (4) Bluefish (2)	Masters	Lap Swim (4) Bluefish (2)	Masters	
10:00 am - Noon Lap Swim (3)	6:45 - 7:55 am Lap Swim (6)	7:00 - 9:00 am Lap Swim (6)	6:45 - 7:55 am Lap Swim (6)	7:00 - 9:00 am Lap Swim (6)	6:45 - 7:55 am Lap Swim (6)	7:00 - 9:00 am Bluefish (4-6)
10:00 - 11:00 am Pace,Race,Chase (3)	8:00 - 9:00 am Water Works (6)	8:00 - 9:00 am Lap Swim (6)	8:00 - 9:00 am Water Works (6)	8:00 - 9:00 am Lap Swim (6)	8:00 - 9:00 am Water Works (6)	9:00 - 11:30 am Swim Lessons (6)
11:00 am - Noon Pace,Race,Chase (3)	9:00 - 10:00 am Senior Swim (6)	9:00 - 10:00 am Senior Swim (6)	9:00 - 10:00 am Senior Swim (6)	9:00 - 10:00 am Senior Swim (6)	9:00 - 10:00 am Senior Swim (6)	
	10:00 - 11:30 am Lap Swim (4) Swim Lessons (2)	10:00 - 11:30 am Lap Swim (4) Open Swim (2)	10:00 - 11:30 am Lap Swim (4) Cape Care Lessons (2)	10:00 - Noon Lap Swim (4) Swim Lessons (2)	10:00 - 11:30 am Lap Swim (4) Open Swim (2)	
Noon - 1:00 pm Open Swim (6)	11:30 am - 2:30 pm Lap Swim (6)	11:30 am - 1:00 pm Lap Swim (6)	11:30 am - 2:30 pm Lap Swim (6)	Noon - 2:30 pm Lap Swim (6)	11:30 am - 12:30 pm Pace,Race,Chase (3) Lap Swim (3)	11:30 am - 1:15 pm Lap Swim (6)
1:15 - 2:15 pm Rental		1:00 - 2:00 pm Pace, Race, Chase (3) Lap Swim (3)				
2:15 - 3:15 pm Open Swim w/ inflatable		2:00 - 2:30 pm Lap Swim (6)			12:30 - 2:30 pm Lap Swim (6)	1:30 - 2:30 pm Open Swim w/ inflatable
3:30 - 5:30 pm Lap Swim (4) CECS Diving (2)	3:30 - 5:00 pm Bluefish (6)	3:00 - 4:15 pm Cape Cyclones (6)	3:30 - 5:00 pm Bluefish (6)	3:00 - 4:15 pm Cape Cyclones (6)	3:30 - 5:00 pm Bluefish (6)	2:45 - 3:45 pm Rental 3:45 - 4:45 pm Rental
	5:30 - 7:00 pm Lap Swim (6)	4:15 - 5:30 pm Bluefish (6)	5:30 - 7:00 pm Lap Swim (4-6)	4:15 - 5:30 pm Bluefish(6)	5:30 - 7:00 pm Lap Swim (4) Open Swim (2)	5:00 - 6:00 pm Open Swim (6)
	7:00 - 8:30 pm Bluefish (6)	5:30 - 6:45 pm Lap Swim (3) Coast Endurance (3) 6:45 - 7:00 pm Lap Swim (6)	6:00 - 6:45 pm (1-2) Adult Lessons 7:00 - 9:30 pm Tube Polo	5:30 - 6:45 pm Lap Swim (3) Coast Endurance (3) 6:45 - 7:00 pm Lap Swim (6) 7:00 - 8:30 pm Bluefish (6)		

WHIRLPOOL ONLY AVAILABLE DURING LAP, OPEN AND SENIOR SWIM

VISIT WWW.CAPECOMMUNITYSERVICES.ORG FOR SCHEDULE UPDATES DURING HOLIDAYS AND SCHOOL VACTION WEEKS.