

SOUNDS BY THE SEA SUMMER CONCERT SERIES Mondays July 8 - August 12 Starting at 6:00 pm PACK THE PANTRY FOOD DRIVE!

Feed your soul and your neighbors in need by donating to support the South Portland Food Cupboard and Judy's Pantry. Cash donations are also appreciated.

PANTRY REQUESTS

SOUTH PORTLAND FOOD CUPBOARD

Grape and Apple Jelly
Canned Tuna Fish and Chicken
Chicken Noodle Soup
Cereals (Lite-Non-Sugar) Cheerios, Corn
Flakes, Rice Crispies, Shredded Wheat
Baking Goods
Gluten-Free Goods
Ketchup, Mayo, Relish
Peanut Butter
Mac and Cheese

JUDY'S PANTRY

Low Sugar Cereals
Pasta Sauce
Hearty Soups
Granola Bars
Bathroom Tissue
Canned Tuna and Chicken
Pasta Sauce
Pasta
Peanut Butter
Crackers

Look for the South Portland Food Cupboard van in the vicinity of the performance locations to drop off your donations.

Portland Food Ci