

Adventure Camp & Teen Extreme Camp



Get ready to learn, play, create, and go places. We are very excited to introduce you to our weekly summer day camp programs. Our primary goal is to provide a safe and fun environment for all our campers. Together, we unplug, play, swim, keep active, make friends, and expand our abilities; we become more confident, resilient, and independent.

Administrators

Camp Director: Kelly Phinney

Adventure Camp: CECS Summer Staff

Teen Extreme: CECS Summer Staff

Camper Information: if you have not completed this form prior, [click here](#) to complete the form.

Facilities

During camp hours, our staff will be responsible for keeping the following areas safe and secure. Campers are limited to designated areas and are not permitted in any space without their counselor. Campers who breach these boundaries will be disciplined according to our Rules & Disciplinary Policy. Areas included for our use are the Cape Care playground, tennis courts, Capano, & Moulton Field, Multipurpose field, Pond Cove & Middle School area/fields, & the Community Center and pool.

Communication

Weekly emails will go out on Fridays prior to the week of camp.

Any additional information or changes in our daily schedule will be emailed to you and posted on our website at www.capecommunityservices.org.

If you need to speak to your camper or have a change in your camper's daily schedule please call appropriate # :

Adventure Camp (Grade 1-6) 207-699-7608

Teen Extreme Camp (Grade 7-8) 207-699-7608

Any and all other camp related questions, payments, cancellations, etc. may be directed to the Community Services Office at 799-2868. Summer Hours are 7:30 am - 3:30 pm.

Medications

A Medication Distribution [form](#) must be completed for any prescription and nonprescription medication(s) we need to administer to your child during camp hours. Medications should be clearly labeled in its original container, inside a ziplock bag, with the child's name on it, and left at the camp desk with a camp administrator.

Emergency Procedures

Staff and counselors are CPR certified, equipped with walkie talkie and first aid kit to treat any minor accident. Parents will be contacted immediately if a doctor's attention is required. If immediate medical care is necessary, an ambulance will be called first and then the parents. If the parents are unable to accompany the child to the nearest emergency room, they will be accompanied by a staff person.

Late Fees

Pick-up from camp is promptly at 3:00 pm. Please call us if you know you are running more than 10 minutes late. After 3:15 pm a late fee will be charged, unless your child is registered for after care.

15 minutes \$25 late fee.

16 - 30 minutes \$30 late fee.

Snack Bar

Unfortunately, there will be no snack bar this summer.

Drop Off & Pick Up

- Adventure Camp & Teen Extreme Camp
 - Drop off - Drive around the Pond Cove Pick up Circle to the Middle School parking lot near the Baseball field.
 - Pick-up - Drive around the Pond Cove Pick up Circle to the Middle School parking lot near the Baseball field.

- Before & After Camp Care
 - Drop off - Community Center side door
 - Pick up - 3:00 - 4:00 pm @ Cape Care Playground. After 4:00 pm @ Community Center.

Dismissal Procedures

- Adventure Camp & Teen Extreme
 - If you plan to pick up your child before 3:00 pm, please send a written note, text 207-699-7608, or email to kelly.phinney@capeelizabeth.org
 - Call 207-699-7608 when you arrive and we will bring your child to you, please remain in your vehicle.

- Dismissal
 1. Adventure Camp attending After Camp Care will be walked to the Cape Care playground (by the High School).
 2. Kids walking or riding bikes will head out.

If you have multiple campers in different camps, contact Kelly.phinney@capeelizabeth.org and we will arrange to have your children all in one (or 2) places for pick up.

Theme Day

Staff, counselors, and campers all participate in theme days! They are what make camp special -- they encourage camp spirit, generate excitement, and offer campers something to look forward to. Variations in the schedule appear on the chart below.

Week	2022	Friday Theme Days	Adventure & Teen Extreme	No camp days
	Date		Thursday's Field Trip Schedule	
1	6/22-24		no field trip	6/20 & 6/21
2	6/27-7/1	Red/White/Blue Day	Funtown	
3	7/5-7/8	Super Hero Day	Crescent Beach	7/4
4	7/11-7/15	Favorite Sports Team	Aquaboggan	
5	7/18-7/22	Twin Day	Range Pond	
6	7/25-7/29	Counselor Choice	Splashtown	
7	8/1-8/5	Camp Olympics	Penny Carnival	

Camper Checklist

- Sunscreen (apply before camp). Counselors will remind your child to re-apply. Please provide sunscreen, protective gear ie. hat, sunglasses, chapstick, etc. are also a good idea.
- Masks are optional at camp.
- Closed toed shoes are a must preferably sneakers.
- Backpack, bag or sac pack to keep all your stuff in. Check lost and found frequently. You may not even realize it's lost until it's found. Labeling all your stuff helps.
- Morning snack, lunch and drink packed in an insulated cooler with an ice pack. Your camper is going to be busy all day and get hungry so pack a lot of good healthy food.
- Large water bottle, campers can refill it throughout the day at a watering station. No glass bottles.
- Bathing suit & towel and a plastic bag to store when wet. One piece bathing suits (tankinis covering waist) girls. Shoulder length hair should be tied back or covered with a swim cap. Goggles are fun and optional.
- Don't forget to take your wet stuff out when you get home and let it dry for tomorrow.
- Extra change of clothing just in case. Keep them dry in a plastic bag.
- Appropriate clothing. No skirts or 'short' shorts. Cover your shoulders and your bellies. You will be active and outside unless it's pouring rain or a real scorcher. You will get dirty and possibly wet.
- Adventure Campers should leave all of their electronics at home. Teen Extreme campers will be allowed to have cell phones with limited use during snack and lunch.
- Teen Extreme Campers will be on campus one day, go to the beach one day and field trip on Thursdays. Weather permitting.

CECS Summer Camps 2022

Rules & Disciplinary Policy

Please read and review with your child prior to attending camp.

RESPECT - Treat yourself, fellow campers, counselors, staff, equipment, supplies, facilities, property and personal belongings with respect.

COMMUNICATION - To ensure your safety and the safety of others, listen carefully to staff and counselor directions, remain with your group at all times, and seek permission to leave your group at any time and for any reason.

RESPONSIBILITY - Campers are expected to conduct themselves in a well behaving manner. The use of inappropriate language, possession of a dangerous object, weapon or illegal substance will not be tolerated and should be immediately reported to the counselor or staff.

Offenses include: endangering another person's well being, swearing or verbal abuse, leaving campus boundaries, stealing or destruction of property, possession or under the influence of an illegal substance.

Stealing, Property Destruction and Illegal Substances are considered Third/Fourth Offenses.

Offense Consequences:

- First Offense - Verbal Warning and Counselor Meeting
- Second Offense - Written Notice and Parent/Guardian Notification
- Third Offense - Dismissal (for the day) and Parent/Guardian Pick-up
- Fourth Offense - Camper Suspension (for remainder of summer without tuition reimbursement) The above consequences are general guidelines and will be administered at the discretion of the administration.

Special circumstances may be considered and applied to individual cases.